

## **HEALTHY IS STRONG**

## JOIN US FOR A *HEALTHY GET-TOGETHER* ON

Did you know that every year, 50% of African American men and women have a risk factor that can lead to heart attack or stroke?

Come learn how to take care of your heart so you can also take care of your family, friends and future at our upcoming

WHERE:

WHEN:

ADMISSION: FREE

Please RSVP to by phone or by email by





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